

Taking Home ONENESS

As a couple, **RATE** the following aspects of your marital oneness, 1 being “totally” and 5 being “not at all.”

We have rightly “forsaken” our families of origin in terms of our dependence and need.	1	2	3	4	5
We have “fastened” ourselves to each other as demonstrated in our time spent together and the investment we make into our relationship.	1	2	3	4	5
We have “forged” a new identity together functioning in a manner that is enmeshed rather than simply “side by side.”	1	2	3	4	5
We value the other’s opinion and viewpoint and strive for agreement in our decisions together.	1	2	3	4	5
We give support and encouragement to the other in times of joy and in times of sorrow.	1	2	3	4	5
We find ourselves becoming welded together in times of trials rather than torn apart.	1	2	3	4	5
We serve each other, putting the needs of our spouse above our own, rather than demanding that they meet our needs first.	1	2	3	4	5

Together **RECOGNIZE** what challenges to your oneness you are currently experiencing and choose one to begin to tackle. For that particular challenge, write down the following:

Specific challenge to our oneness:

How this issue evidences itself in our relationship:

Together commit to **RESPOND** correctly this week in the following manner:

What we will do this week when this issue arises:

husband _____

wife _____

Taking Home ROLES

Take a minute and **RATE** the following aspects of your marital finances. Circle the number that best reflects your answer. Place a box around the answer that you think will best represent your mate's point of view. Once completed, lovingly share and discuss your answers together.

Not at All										Totally										
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	Husband is sacrificially leading his home.
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	Wife allows her husband to lead.
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	Husband shows love in ways his wife enjoys.
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	Wife engages her gifts alongside of her husband as a team.
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	Husband provides tangibly for his wife's needs.
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	Wife feels loved and appreciated by the family.
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	Couple prays together consistently for help in their roles.

Now that you have shared your thoughts with each other, **RECOGNIZE** what challenges you presently face in your roles and choose one to begin to tackle. For that particular hurdle, write down the following:

Specific challenge to fulfilling the roles in our life:

How this issue evidences itself in our relationship:

Together commit to **RESPOND** correctly this week in the following manner:

What we will do this week when this issue arises:

husband _____

wife _____

Taking Home LOVE & RESPECT

Take a minute and **RATE** the following aspects of your marital responses. Circle the number that best reflects your answer. Place a box around the answer that you think will best represent your mate's point of view. Once completed, lovingly share and discuss your answers together.

Not at All	Totally	
1 2 3 4 5 6 7 8 9 10		Husband sacrificially loving his wife.
1 2 3 4 5 6 7 8 9 10		Wife willingly respects her husband.
1 2 3 4 5 6 7 8 9 10		Husband knows and understands how his wife feels most loved.
1 2 3 4 5 6 7 8 9 10		Husband a wife take steps to serve one another.
1 2 3 4 5 6 7 8 9 10		Husband is actively growing in his relationship with Christ.
1 2 3 4 5 6 7 8 9 10		Wife is actively growing in her relationship with Christ.
1 2 3 4 5 6 7 8 9 10		Couple consistently prays together for help in their responses.

Now that you have shared your thoughts with each other, **RECOGNIZE** what challenges you presently face in your responses and choose one to begin to tackle. For that particular hurdle, write down the following:

Specific challenge to responding according to our God given roles:

How this issue evidences itself in our relationship:

Together commit to **RESPOND** correctly this week in the following manner:

What we will do this week when this issue arises:

husband _____

wife _____

Taking Home SEX

Take a minute and **RATE** the following aspects of your sex and romance as a couple. Circle the number that best reflects your answer. Place a box around the answer that you think will best represent your mate's point of view. Once completed, lovingly share and discuss your answers together.

Not at All	Totally	
1 2 3 4 5 6 7 8 9 10		Close companionship is core to our relationship
1 2 3 4 5 6 7 8 9 10		Sex is satisfying for both of us
1 2 3 4 5 6 7 8 9 10		We understand that God cares about our sexuality
1 2 3 4 5 6 7 8 9 10		The frequency of our physical expression is good
1 2 3 4 5 6 7 8 9 10		We have high affection and tenderness with each other
1 2 3 4 5 6 7 8 9 10		Sex is not used as a weapon

Now that you have shared your thoughts with each other, **RECOGNIZE** what challenges you presently face in your responses and choose one to begin to tackle. For that particular hurdle, write down the following:

Specific challenge to our sex life:

How this issue evidences itself in our relationship:

Together commit to **RESPOND** correctly this week in the following manner:

What we will do this week when this issue arises:

husband _____

wife _____
