



MESSAGE NOTES

Bill Born
Establishing Maturing Rhythms

March 10, 2019

Establish and continue maturing rhythms and you will experience the fullness of Jesus' joy in your life.

The WHAT
Abiding in Christ

John 15:8-11

1 John 2:6

Four ways to abide from John 15

The WHY
Our Motivation to Develop and Maintain Maturing Rhythms

John 15:8

1. Our WHY: To **glorify** the father by bearing much fruit.

John 17:4

What is fruit?

Our work is to **abide in Jesus** and he will produce the fruit that glorifies the Father.

2. Jesus' WHY for Us: Fullness of Joy

John 15:11

Psalms 16:11

Practice maturing rhythms with a mindset of **Delight** and **Discovery** not merely Discipline or Duty.

The HOW
Our Understanding of how to abide

1. With the Holy Spirit (**surrender** not striving)

John 14:16-17

2. **Together** with the community of faith

Hebrews 10:22-25

Maturing Rhythms that Help us Abide
1. Jesus **modeled** time alone with the Father

2. Have a clear purpose, **place**, and plan

Now What?
Establish and continue maturing rhythms and you will experience the fullness of Jesus' joy in your life.



Week of March 10, 2019

Home Groups meet to enjoy friendships, encourage others, and learn together. Please consider applying online on our website.



Share It

Get to know one another

How have 'good practices' helped you in some way? (e.g. health, career, relationships)



Study the Word

Learning to know God from the Bible

The focus this week is on exploring rhythms (habits, practices) that help us grow in our relationship with God, become like Jesus, and have his joy. We learned that the key is to "abide/remain" with Jesus (to be present, attentive, responsive). Read John 15:1-17.

What does Jesus say is the result of abiding / remaining? (5, 7-8, 9, 11, 15, 16)

What does this passage say abiding looks like? How is this "being present" with Him? (7, 10, 12, 15)

What is our motivation to abide? (14:15; 15:8, 10, 11)

What is the role of the Holy Spirit in our pursuit to know, love, and follow Jesus? (John 14:16-17)

What did Jesus model that inspires you? (Mark 1:35; Luke 5:16; 9:25-28; John 15:11; 17:4)



Discuss Together

Discuss how God can change our lives

We heard that, "We should engage maturing rhythms with delight and discovery" rather than guilt or shame. Agree or disagree? Why?

How is "being attentive to Jesus" connected with our ability to reach people in our relational world?

How do we as a community help each other abide? Experience His joy? Grow habits?



Time to Pray

Praying with and for one another helps us trust in God together. Please pray . . .

- For one another
- For people in our relational worlds to see Jesus in us
- For hurting and broken people



Apply It This Week

A challenge to apply what we are learning

Enjoy a time to alone with God this week. Remember: purpose, place, plan.