

Home Group Leader's Notes
Week of March 8, 2020
Holy Sexuality #2

NOTES TO LEADERS: This sermon series is treacherous. These are very sensitive subjects. (You probably noticed!) People in your groups may be hurt, frustrated, guilty, shamed, damaged, troubled about people in their family, and confused. Let's pray and ask the Father to bring healing and strength.

SHARE IT

Who, if anyone, talked to you about 'the birds and the bees'? Why are we nervous about talking about God's design for sex?

NOTES TO LEADERS: In my case, no parent or relative talked with me. I was confused for years.

LEARN FROM THE BIBLE

Here's the challenge this week: Read through each passage and summarize the positive purposes of sex have according to God's design.

Proverbs 5:18-20

NOTES TO LEADERS:

- **Sex is for pleasure**
- **Sex is exclusive**

Song of Solomon 4:1-5:1

NOTES TO LEADERS:

- **Sex is romantic**
- **Sex is passionate**
- **Sex is tender**
- **Sex is reciprocal / mutuality (not self-gratifying)**
- **Sex is fulfilling**

Hebrews 13:4

NOTES TO LEADERS:

- **Sex is holy**

1 Corinthians 7:1-5

NOTES TO LEADERS:

- **Sex is exclusive**
- **Sex is selfless** (mutuality; equality)
- **Sex is a gift**
- **Sex protects the marriage**

DISCUSS TOGETHER

What are common discussions about sex? Do you ever have conversations with friends about sex? What are the usual reasons?

NOTES TO LEADERS: People joke about sex, speak about the wrong things or the wrong people, or speak of their dissatisfaction. Rarely do people speak about God's design or gift of sex as a means to experience intimacy.

In your studies or the message last Sunday, what are the many purposes for sex?

NOTES TO LEADERS: See notes above.

How has "the fog" of sin blinded people to God's design for sex? How has this affected God's family?

NOTES TO LEADERS: Sin has resulted in us worshipping the gift instead of the giver. Any time we substitute a pursuit of something in this world for the worship of God, we are dissatisfied and look for a greater thrill or hope. This leads us to distort God's gifts and attempt to create our own god. In this case, sex has become an idol. Therefore, instead of sex fulfilling God's design, it satisfies nothing and brings on more craving. The end is destruction instead of pleasure and protection.

How can God's design for sex help us bring truth and grace to the people in our worlds?

NOTES TO LEADERS: Here are some ideas:

- When we have conversations, we can ask good questions.
- When people are confused, we can ask if they would like to read what God says (See passages above)
- When people are frustrated, dissatisfied, or confused, we can pray and offer to pray for them
- When we speak of love, romance, or marriage, we can be thankful for God's gifts

Grace to you,
Steve