

MEXICO LOFT HOUSE FAMILY CARE PACKAGE

This is a list for the care package that accompanies each loft house to Mexico. Walmart, Costco, Sam's Club, and any \$ store are suggested places to shop for food. All items (except for dust pan, broom, beans, rice and Ramen) should fit in an 18-22 gallon plastic container.

- 1 manual can opener (a must have)
- 10 lbs. each of beans and rice for each house
- 6 cans of vegetables (corn, mixed vegetables and/or green beans)
- 2 cans of jalapeño peppers
- 6 cans fruit (pineapple, peaches, guava and/or pears)
- 3 cans tomato sauce
- 4 cans tuna
- 2 cans sardines in tomato sauce
- 1 container salt
- 1 gal. oil
- 5 lbs. sugar
- 1 bottle dish soap
- 1 package of sponges
- 1 bottle of shampoo & conditioner
- 1 multi-package of tooth brushes
- 1 tube of tooth paste
- 3-4 bars of soap
- 1 lg. box matches
- 1 potholder
- 1 broom
- 1 dust pan
- 1 case of Top-Ramen
- 1 box of cookies or other sweet treats
- 1 large box powdered milk (they add water)
- 1 18 oz of Oatmeal
- 5 lbs. Mexican wheat flour/harina (El Rosal, etc.)
- 5 lbs. Mexican corn flour (maseca)

ADDITIONAL ITEMS FOR EACH HOUSE:

- Spanish Gift Bible - HoM will also provide an audio Bible in their heart language
- *1 set of cast iron pans from Harbor Freight \$9.00 (set of 3)
- 4 Tension spring loaded Curtain Rods, 30"-48" inch (expandable)
- 2-3 Sets of Towels and Wash Cloths
- 2-3 Mattresses (if available)
- 2-3 Sleeping Bags (if available)
- 2-3 Blankets (if available)